TRINITY COLLEGE LONDON

Drama games: Warm-up

Stop, go, jump, clap!

10 minutes 2+ people

This is a very energetic game that will get your students warmed up and listening to directions.

- Ask the students to walk around using all the space.
- Explain that you are going to call out some instructions that they should follow.
- Begin with instructions 'Stop' and 'Go' and practise these a few times. Then progress onto 'Jump' and then 'Clap'. Practise all four instructions a few times.
- Explain that the instructions are now reversed: when you say 'Stop', they should go; when you say 'Clap', they should jump, and vice versa.
- Resume the game by starting with 'Go'. This usually catches some people out straight away, but you can allow that as a practice.
- Continue calling out instructions, attempting to eliminate people by including combinations of instructions, for example 'Stop, go, clap, clap, jump, jump' and quickening the pace.

Watch on YouTube