

Object in a circle

 10 minutes



Large groups



Distanced



Inclusive mobility

This exercise introduces props to be used with improvisation and encourages students to think more and more creatively as the exercise goes on.

- Ask students to stand in a circle.
- Place an object in the centre — it is better if the object is obscure and abstract rather than an object that obviously performs a specific function. Explain to students that they can step into the circle and interact with the object in a way that communicates to the rest of the group what the object is, for example a participant may pick up a swimming pool noodle and use it as a javelin, a walking aid, a spoon...the list is endless!
- Students observing can call out their guesses as to what the object is.
- Once the object has been guessed successfully, another player can try to interpret the object in a new way.