

Hot seating

 15 minutes

 2+

 Distanced

 Inclusive mobility

This rehearsal exercise encourages students to develop a deeper understanding of a character they're trying to portray by asking them a range of questions about their character.

- Hot seating should take place with one student at a time. Beginning with the first student, start by explaining that when you are speaking to them, you are speaking to their character. When they respond to your questions, they should always remain in role.
- Next, ask the first student to leave the performance space and re-enter as their character. Tell them to take a seat, reminding them that they will be sitting as their character would.
- You can begin by asking general questions about the character and then progress onto more specific questions relating to the scene or text that their character features in. You can probe into how the character may feel about their relationship with other characters, or how various events have impacted on them.
- You can then invite questions from the audience and bring the exercise to a close by asking the character to exit the performance space.

