TRINITY COLLEGE LONDON

Drama games: Team building

Counting one, two, three

5–10 minutes Any size

This is a quick and easy team-building activity involving counting from one to three. It sounds simple but requires lots of concentration.

- Ask your students to stand in pairs. If you have an odd number in your group, you could also include a group of three.
- Within the pairs, the students need to count from one to three, each saying a number alternately, and repeating this until they find a rhythm.
- Replace 'One' with an action or noise like clicking their fingers or stamping their feet. For example, click, 'Two', 'Three', click, 'Two', 'Three'.
- Once students are used to this, replace two and then eventually three, with an action or noise.
- Variation: if you would like to play this as a whole class, ask your group to stand in a circle and challenge them by counting to ten, eventually replacing every number with an action or noise.
- Once they are used to this, you could raise the stakes by explaining that if anyone gets the action or sequence wrong, they're 'out'.

Watch on YouTube