

Bomb and shield

 10 minutes  Whole class

This is a quick and easy game that will get students up and moving.

- Get the students to stand in a circle.
- Ask the students to silently choose two people and label them: one person as a 'bomb' and another as a 'shield'. They should do this without letting anyone else know.
- When you say 'go', the students need to move around, always keeping their 'shield' between themselves and the 'bomb'. They mustn't stop moving.
- After a while, say 'Switch!'. Now the 'bomb' becomes their 'shield' and their 'shield' becomes their 'bomb'.
- At the end of the activity, ask students to share who was their 'bomb' and who was their 'shield'.