



ADAPTING AND EXTENDING YOUR COURSE BOOKS TO AVOID BOREDOM

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Future of English Language Teaching Conference ONLINE

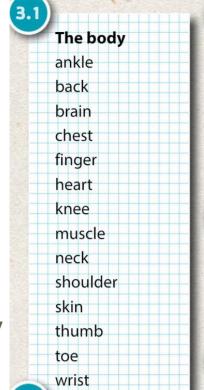


VOCABULARY

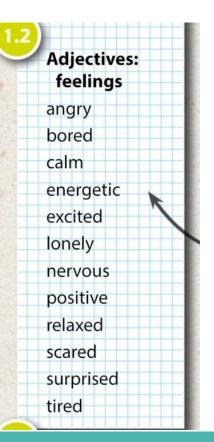
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VOCABULARY IN USE/ ENGLISH IN USE / ENGLISH IN CONTEXT :

ACTIVITY 1: MINDMAPPING



27

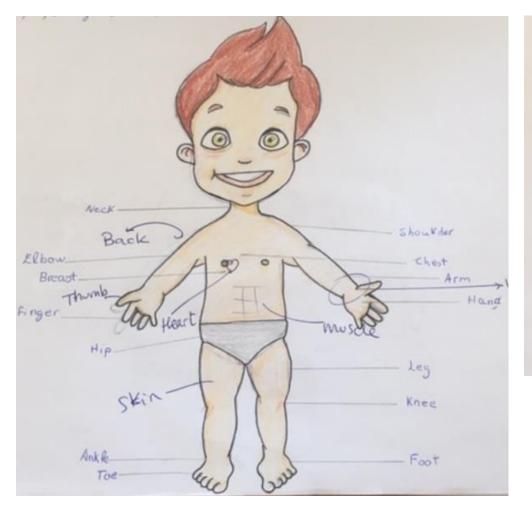


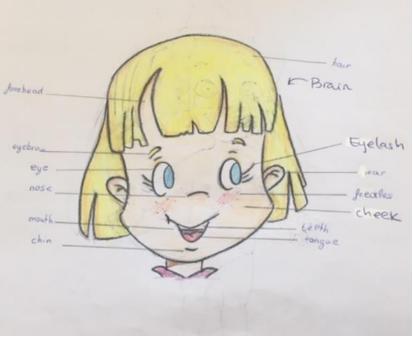
MOSAIC 2, Unit 3, Oxford University

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Made by our students (Salesianas Alicante School - Spain)





VOCABULARY IN USE ACTIVITY 2: CREATIVITY

Sport

Complete the sentences with words from the box.

cheered on competitors dropped out get through qualify spectators stamina tournament

The ______ were excited and ______ their team as they entered.
 Some ______ found the marathon too tiring and ______ before the end.
 It'll take a lot of ______ and hard work to ______ to the final.

4 It doesn't look like our team will ______ for this year's ______.

EXAMPLE: Last week, Ann participated in a **tournament** where there were a lot of **competitors**. The **spectators were cheering** them **on**, but some of the participants ended up **dropping out** because of the lack of **stamina**. After **getting through** difficult moments, Ann finished 3rd and finally **qualified** for the marathon in London.

Key to bachillerato 2, Unit 1, Oxford University Press.



VOCABULARY IN USE: CREATIVITY

Which of these activities do you do every day or every week? Write them in your notebook.

brush your hair clean your room eat fruit feed an animal get changed get up early go for a walk go home have a bath have a shower make breakfast make the bed wash your hands



Mosaic 1, Unit 2, Oxford University Press.

ACTIVITY 3: DEFINITIONS 4 *** Complete the text with six words.

S

FRIDAY Dear Diary, My big night had arrived and I was JULY really nervous when I got to the It was an old theatre with seats for 100 people. I walked onto the (2) _____ and put my (3) _____ a few silly hats - on a table. Then I checked that the (4) was working and that the (5) wouldn't blind me! It was still really early so I decided to rehearse my sketches, but would anyone really laugh? Unfortunately they were all really bored and I realized tonight that I would never be a professional comedian!

stage: Noun. Place where the actors act.

spotlight: Noun. They are used to light the stage

venue: Noun. Theatre

props: Noun. An item used on a stage by an actor

microphone: Noun. Device to louden your voice.

act: Verb. The action of acting.

Mosaic 4, Unit 6, Oxford University Press.

Phrasal verbs (go)

3

Complete the sentences with the correct form of a phrasal verb with *go*.

- Most people are learning to _______ luxuries they used to take for granted.
- 2 There was a loud bang outside and we all went to see what _____.
- 3 Lucy looks forward to the day when she can to her hometown to see her friends and family.
- 4 Granddad's always telling us about what he had to as a boy growing up during the war.

Go on: to continue

Go without: to be deprived of.

Go through: to live a difficult situation

Go back: to return.

Key to Bachillerato 1, Unit 1, Oxford University Press.





2 PLUS Complete the sentences with appropriate shopping words from this unit.



- 1 I hate shopping! I wish I had a personal to do it for me!
- 2 The ______ start tomorrow and there's 50% off everything.
- 3 clothes are much cheaper than new ones.
- 4 Don't buy clothes that have been made in a ; they always treat workers badly there.
- 5 A painting by Francis Bacon was sold at an for \$142.4 million.
- 6 Jan works for a ______ and all the money they make from selling things goes to help disabled people.

In pairs. One classmate does from 1 to 3, and the other one from 4 to 6. They CREATE the definitions and try to explain their classmate the missing word.

auction: ...

second hand: ...

charity shop:...

shopper: ...

sweatshop: ...

sales: ...

Key to bachillerato 2, unit 3, Oxford Univertity Press.





 Read the text again and answer the questions in the Text analysis in your notebook.

ADELE

- Adole Adkins was born in London on 5 May 1988. As a young girl she was interested in music, and she started singing at the age of four, impersonating pop stars at family parties.
- Adele spent her teenage years at the BRIT school of performing arts, and in her mid-teens she discovered jazz music, which strongly influenced her. For a school project she recorded three tracks and posted them on MySpace, where a record company saw them. No sooner had she
 left school than they offered her a contract.
- Adele's first album was 19, which she made when she
- 3 Address first abum was 19, which she made when she was nineteen years old. It was a big hit, and her second album, 21, was successful around the world. By the age of 21 Adele had two top-five singles
- 15 and two top-five albums in the charts. In 2012 she won six Grammy awards – a record for a female artist.
- 4 The things which people 20 most admire about Adele are her moving songs and her unique and powerful voice,
- 25 but she's also a person who's very confident about her appearance.
- 30 She doesn't feel that she needs to be too thin, and in that sense
 35 she's a great role model.



ACTIVITY 1



YOU WILL HAVE THE POSSIBILITY TO WORK WITH HER SONGS:

- 1) SOMEONE LIKE YOU: past simple.
- 2) SET FIRE TO THE RAIN: body vocabulary, adverbs placement.

Key to Bachillerato 1, Unit 3, Oxford University Press.

I heard that you're settled down That you found a girl and you're married now I heard that your dreams came true Guess she gave you things, I didn't give to you Old friend, why are you so shy? Ain't like you to hold back or hide from the light

I hate to turn up out of the blue, uninvited But I <u>couldn't stay</u> away, I <u>couldn't fight</u> it

I had hoped you'd see my face

And that you'd be reminded that for me, it isn't over



SET FIRE TO THE RAIN

I let it fall, my heart And as it fell, you rose to claim it It was dark and I was over Until you kissed my lips and you saved me My hands, they were strong But my knees were far too weak To stand in your arms Without falling to your feet

But there's a side to you That I never knew, never knew All the things you'd say They were never true, never true And the games you'd play You would <u>always</u> win, always win

But I set fire to the rain Watched it pour as I touched your face Well, it <u>burned</u> while I <u>cried</u> 'Cause I <u>heard</u> it screaming out your name Your name



Shop 'til you drop

- Bargains! Unbeatable offers! Buy now, pay later! It's hard to resist the spending frenzy when you're constantly being bombarded by the banners and the bright lights. And if you're one of the six per cent of the population
- 5 who is a compulsive shopper, it's particularly difficult.
- Most of us like occasional shopping trips or a bit of retail therapy', but there is a point when purchasing becomes pathological. That point is reached when someone goes on spending even if it causes financial
- 10 or family problems or involves deceit, such as hiding receipts or packaging. People who cross that line are referred to colloquially as 'shopaholics'. Officially their 'compulsive buying disorder' is considered an illness.
- ^(C) 'Usually, the idea is, "I see it, I like it, I want it, I'll buy 15 it – and damn the consequences," says psychiatry professor Donald W. Black. Shopaholics are on a high when they buy, but the thrill fades fast, and sufferers can quickly find themselves feeling down as well as up to their eyehalls in debt. Compulsive shoppers themselves
- 20 often know what drives them. Those who are depressed think that perfect clothes or more possessions will cheer them up. Buying \$300 jeans, I fell better than everybody else,' says Brian Kearney, a 20-year-old student. He says he knew he had a serious problem when he was getting
- 25 through \$1,500 a month on designer clothes, shoes, sunglasses and expensive gifts for friends.
- Ryan Nicodemus, on the other hand, was never given much as a kid, but made up for it when he got his first job. 'When the latest iPod came out, I always had to
- 30 buy it, and the latest computer, the latest TV and the latest video games,' he says. 'It didn't matter how much money I made, I always spent more.' Arzu Yonak says she shopped to get through the boredom of living in rural Ohio. Then her habit got out of hand when she moved to
- 35 New York and was allowed to use her father's credit card at the age of 20. 1 remember having five shopping bags in one hand and the phone in the other, saying "Mom, I can't stop!"
- G Some shopaholics are compulsive gift-givers. Others
- 40 have tough jobs, working hard all day and needing a reward at the end of it. And for all shoppers, the internet can be a dangerous place, as no physical money changes hands and the speed and ease of transactions leaves no time for second thoughts. Youngsters in
- 45 particular are being bitten by the online shopping bug. In a survey for a British psychology journal, 44% of the teenagers interviewed showed signs of compulsive shopping habits, often on the internet.



The good news is that facing up to the causes can help sufferers find a cure. One therapist called Randy Frost encourages his clients to go on 'non-shopping trips'. They go into their favourite shop, browse and maybe hold things, but then leave without buying anything. That's hard when you're hooked on shopping. But 5 people can be cured, like former sufferer Ryan Nicodemus, who is now a 'minimalist, and writes books and blogs about living a meaningful life with less stuff.' For him, feeling good no longer costs an arm



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 Nicodemus, who is now a 'minimalist, and writes books and blogs about living a meaningful life with less stuff.' For him, feeling good no longer costs an arm and a leg.

ACTIVITY 2

55

Synonyms and opposites. Body idioms: "costs an arm and a leg".



Key to bachillerato 2, Unit 3, Oxford University Press

He swam with sharks

i Vocabulary presentation

- A This is Steve Backshall. He was born in Britain in 1973. His love for animals and travel began when he was a child. He had lots of unusual pets, and his family took him on holidays to many different places.
- **B** Years later, he had an idea that changed his life. He left his job and bought a video camera. Then he went to the rainforest in Colombia and made a film about the animals he saw there. When he came back to Britain, he sold the film to a TV company. The film was a success and he became one of Britain's most popular wildlife presenters. Now, he is famous for his TV series called *Deadly 60*. In this show, Steve travelled across six continents for six months, and filmed 60 of the most dangerous animals.



C Steve's adventures were often dangerous, but exciting too. In Africa, he nearly fell out of his canoe into a river full of crocodiles. He met an elephant in the rainforest, face-to-face, and he swam with sharks in a coral reef. In New Britain, an island in the South Pacific Ocean, he explored one of the deepest caves in the world - Mageni Cave. His adventures continued in South America where he climbed the vertical cliffs of Mount Upuigma in Venezuela and found crabs below the Kaieteur waterfalls in Guyana. In Mexico, he dived in the ocean wearing a metal wetsuit to film the giant Humboldt squid .

Talking about

experiences in the past

D Then, in Papua New Guinea, Steve nearly died. In the jungle, he got malaria from one of the most deadly insects in the world – the

mosquito . But even that didn't stop Steve's

adventures! He is

still travelling and

making exciting TV

programmes today.

Did you know?

In Steve's programme Venom Hunter, hundreds of bullet ants bit him. A bullet ant's mouth can move really fast: more than 100 km/h!

2



ACTIVITY 3: PROJECT BASED LEARNING

Project on ANIMALS: characteristics, habitat, food, geography...

Even, you could do a project WITH A SUBJECT on the SCIENCE DEPARTMENT (CLIL METHODOLOGY)

Mosaic 1, Unit 8, Oxford University Press.

ACTIVITY 4:

• A job interview.



Reading

Summer job/ with a difference

If you'd like to work this summer, but want to do something more challenging than serving customers in a café, then read our infographic on unusual jobs. We're sure you'll find something that you'd like to specialize in – at least for a few months!

Water/lide te/ter 🧶

Most people enjoy going down a waterslide, don't they? Well, imagine receiving a salary for doing it! However, it's not all fun. They have to check the quality of the water so it is safe to swim and while the tester is sliding down the waterslide, they have to concentrate on the safety of the slide.

Requirements: Lots of swimwear. Advantages: By the end of the summer, you'll have visited some of the world's best holiday resorts.

Disadvantages: You'll have to go down the same slides again and again.

Read the text. Answer the questions with the names of the jobs.

Who ... ?

- 1 needs to know a lot about the place they live in
- 2 does a job that could help people rest better
- 3 dresses up and presents a good public image
- 4 has to check something while they're moving very quickly.

Professional sleeper 22

Professional sleepers are often required for experiments as scientists try to cure sleep problems. For example, the American space agency, NASA, paid volunteers \$18,000 to stay in bed for 70 days!

Requirements: You need to enjoy sleeping! Advantages: You'll go back to school well-rested. Disadvantages: If you talk in your sleep, everything will be recorded.



B

Theme park character

Which carloon character do you look like? Theme parks are often looking for young adults that can make children believe that they are a famous prince or princess. They will provide a costume and make-up to help you succeed in bringing the film character to life as you participate in parades through the theme park for three months.

Requirements: Enthusiasm and high levels of energy.

Advantages: You will make the thousands of children who see you very happy. Disadvantages: Even if you are exhausted, you will have to remember to keep smiling!



Tour guide

People used to visit cities with a guidebook in their hands, but today tourists want the company of an entertaining guide. So if you live in a popular tourist destination, you know its history and are sociable, this could be the perfect summer job for you. One guide explained that he found a website that prepared new guides for the job – the perfect place to start!

Requirements: An outgoing personality and a comfortable pair of shoes.

Advantages: You'll meet varied groups of people. Disadvantages: Some of your customers might ask very challenging questions.









LISTENING

ocabulary and Reading

Vocabulary presentation

Vocabulary practice

Which parts of the body can you see in the picture of a future human?

ankle back brain chest finger heart knee muscle neck shoulder skin thumb toe wrist

Future humans >

By the year 3000, scientists predict that most people will live to be over 100. What will we look like? Will our bodies change? How will we stay 🚮 and healthy? Here are some scientists' answers to these questions.

Fitness

Health

work these days and people will do

even less in the future which will result

bodies. However, thanks to technology,

we'll have more motivation to stay fit

in the future. Joggobot is a small robot

that connects to your smartphone and

'flies' next to you when you are running,

cycling or swimming. It measures your

also plan an exercise programme, and

heartbeat when you exercise. It can

tell you when to go faster or slower. Will we all have personal robot

trainers like Joggobot in the future?

In the future, we won't always see a real doctor when we are ill. A hologram will do blood tests and body scans. Technology will help doctors in other ways, too. Hospitals are already using robots to perform some operations and this will become more normal. 3D printers will also help replace broken bones or body parts after an accident.

Doctors will simply 'print' your new wrist, ankle, leg, arm or knee!

Appearance

Our healthy diet and lifestyle will change the size of our bodies and the way we look. Scientists predict that in 1,000 years, the average human will be 1.8-2.1 metres tall. Some say that, because of games consoles and mobile phones, we're using our thumbs more and more, and this will make them bigger and stronger. At the same time, they also predict that our brains will get smaller as we continue to use computers to think for us.

Did you know?

Scientists also predict that one day, we'll only have four toes.



2 123 Answer the questions. Then read and listen to the article to check your answers. Which other parts of the body does the text mention? 1 What differences can you see between humans of the

2 Why do you think scientists predict these changes?

future and humans now? The human of the future is very tall / much taller ...



Answer the questions. Then read and listen to 1.23 the article to check your answers. Which other parts of the body does the text mention?

ACTIVITY 1:

Any Reading can be transformed into a listening.

Mosaic 2, unit 3, Oxford University Press.



ACTIVITY 2

4 1.12 Listen to the podcast. What are Nancy Yi Fan's three favourite hobbies?

Extension 1: Write a composition talking about YOUR FAVOURITE HOBBIES.

Mosaic 3, Unit 2, Oxford University Press

Extension 2: Flipped classroom methodology.





GRAMMAR

Activity 1: GRAMMATICAL BINGO!

Warming up activity

Review activity



I used to play badminton	I go to the gym every	I have already done my
when I was Young.	afternoon.	homework
<u>If I were you</u> , I would buy a	We went to Russia last	We are leaving to Italy
new car	month	tomorrow
Don't shout at me!	I was playing the guitar when the telephone rang	Carmen told us that she would invite Raquel.



I will play badminton	I'm going to have a	I haven't done my
tomorrow	sandwich.	homework yet
If I have money, I will travel	They will be finishing	The train leaves at 7pm
to Paris	tomorrow at this time	
Open the door, please.	You should go to the doctor	If I had phoned him, he
		would have come.

Extension! VOCABULARY BINGO (CLIL)

A capella	solo	bridge
Crescendo	bass	tempo

Solo: played by a single musical instrument or voice.

Crescendo: growing steadily louder.

A capella: singing without any instruments.

Bass: Low, the lowest of the voices and the lowest part of the harmony.

Bridge: the part of a song that transitions between two main parts.

Tempo: timing or speed of the music.





ACTIVITY 2: GOING TO and PRESENT PERFECT

- While watching a VIDEO in class:
 - Working on predictions: GOING TO
 - Talking about a recent past: PRESENT PERFECT

ACTIVITY 3: PAST - PRESENT - FUTURE VERB TENSES

WEATHER FORECAST! Extension to speaking.

Mosaic 4, Unit 7, Oxford University Press.



7.2 Nouns: weather blizzard breeze drizzle frost gale hailstorm heatwave hurricane mist shower sleet tornado

ACTIVITY 4: IRREGULAR VERBS AEROBICS

KINAESTHETIC TECHNIQUE:

- Head
- Shoulders
- Hips

ACTIVITY 5: IRREGULAR VERBS ROULETTE!



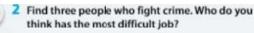
Irregular verbs Roulettes created by our students of 1st ESO at Salesianas Alicante School (Spain)







WRITING



i Vocabulary practice

Fraudster defends himself

A **fraudster**, who produced thousands of false £100 bank notes, says he can speak for himself in court.

in a state of the state of the



Back to burgled home

While the Jones family were on holiday, a **burglar** entered their house and stole two TVs, all their jewellery and ...

11:22 0 1 78%

ACTIVITY 1: CONTINUE THE STORY (NARRATION AND CREATIVITY)

Option 1: individually.

Option 2: padlet "flipped paper" online (www.padlet.com)



Mosaic 3, Unit 5, Oxford University Press.

Mugger makes big mistake

A **mugger**, who hit a man and tried to steal his wallet last night, had a big surprise: the victim was a **detective**.

The most hated professionals

According to a recent survey, traffic wardens are the least popular professionals in the UK. People hate getting tickets ... Student learns hard lesson

A **judge** sent an 18-year-old woman to prison after she wrote frightening messages on a social networking site.



1.01 Read and listen to the email. Why did the girls have to find something quieter to do?

To: Amy P
Subject: Our new music group
Attachments: Sleepover photo

Hi Amy,

How are you? How did the first rehearsal with the new singer go? Our move to Bristol was OK, but I felt a bit lonely without you and the old group over the summer. I

5 rehearsed with my new band mates for the first time last week though, so I feel a bit better now. In fact, I'm writing this after a sleepover with the other singers. It was a fun night, but I'm very tired today as we didn't get much sleep!

I invited three girls over and when they arrived, I was quite

- excited. We had a good chat and they told me some funny stories about the guitarists. Later we had some pizza and then we did karaoke. I was surprised by one of the girls, Jade; she was really into karaoke! She sang very loudly and danced to all the songs.
- ¹⁵ Unfortunately, we live in a flat and my bedroom is next to our neighbours' bedroom. After Jade's third performance, the doorbell rang. The neighbours were very angry. They couldn't sleep a wink and so my parents told us to find a quieter activity. We laughed about Jade's singing and fell

20 asleep watching a film.

Anyway, did you decide which songs to perform at your next concert? Tell me all your news!

Love,

Sophie xx

ACTIVITY 2: EXTENDING A READING.

Extension 1: Sophie answers to Amy.

Extension 2: Amy sends another email to Sophie telling her more news.

Extension 3: They could even write a role play acting the sleepover and the neighbour's complaint.

Mosaic 3, Starter unit, Oxford University Press.



Complete the sentences with adjectives from exercises 1 and 2.

Daisy was embarrassed when she fell over.

- 1 Isabel sleeps with the light on. She's of the dark.
- 2 Tom's a firefighter. His job is dangerous, but he's very
- 3 The students at my new school are ______ they've all been nice to me.
- 4 Don't push in front of people. It's very

ACTIVITY 3: CONTINUE THE STORY

EXAMPLE:

Daisy was embarrassed when she fell over in the classroom. Her friend Tina helped her, but it was too late, since her sweetlove Tom, had already seen the accident. OMG!



Mosaic 2, unit 7, Oxford University Press.

Phrasal verbs

- 3 Complete the phrasal verbs in the sentences with the correct forms of suitable verbs. Use one word in each gap.
 - 1 The police officer told the man to ______ over his gun.
 - 2 Shops selling cupcakes are _____ up everywhere.
 - 3 If you ______ up against problems filling in the form, I'll help.
 - 4 We've decided to _____ up a tapas bar.
 - 5 Let's _____ up a sign to say we're open.
 - 6 The protesters ______ off for London early in the morning.





ACTIVITY 3: WHAT IF...?

You could expand any unit asking them that question:

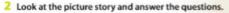
unit 1: SOCIETY - What if we had a world without racism?

Unit 2: SHOPPING - What if we only shopped online?

Unit 3: TECHNOLOGY - What if robots could make decisions?

...





1 What does Oscar usually do on Saturday afternoons?

2 What is he doing today?

- 3 What is happening in the kitchen?
- 4 What is happening in the bedroom?
- 5 What do you think happens at the end?







ACTIVITY 4:

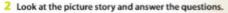
narration individual or even in groups

Mosaic 1, unit 5, Oxford University Press.





SPEAKING



1 What does Oscar usually do on Saturday afternoons?

- 2 What is he doing today?
- 3 What is happening in the kitchen?
- 4 What is happening in the bedroom?
- 5 What do you think happens at the end?





ACTIVITY 1:

SPEAKING narration individually or even in groups.

Mosaic 1, unit 5, Oxford University Press.



ACTIVITY 2: Describe the photo. OFFICIAL EXAM PREPARATION.

Mosaic 1, unit 5, Oxford University Press.



ACTIVITY 3:

Describe the photos.

- Expand photo D: GIVING DIRECTIONS
- Expand photo B: TALK ABOUT YOUR FAVOURITE SPORT
- Expand photo E: Where would you like to go on holidays?
- Expand photo C: Have you got any pet?

Mosaic 3, unit 4, Oxford University Press.



ACTIVITY 4: THEATRE - ROLE PLAYING

Every single activity in the book could be played in our classes:

- 1) Video at the end of the unit:
 - a) Play a different ending.
 - b) How is the story going to continue? (CRITICAL THINKING)



Inglish

comparing and contrasting

WHAT'S ON...

Leisure and Pleasure

MILTON PLANETARIUM www.miltonplanetarium.org

SCIENCE ROCKS!

Grand opening: Sunday 3rd June Hundreds of fascinating interactive exhibits Thrilling, informative shows: Rising Stars This is your Universe Annual membership: £40 adult; £20 child; £100 family (two adults, two children) Free month's membership for first three visitors!

ς.

g

rts.

g?

e point. Then, n. In your sentences with the s in the box.

ACTIVITY 5:

STUDENT A wants one plan, and STUDENT B prefers a different one. (EXAM PRACTICE - COME TO AN AGREEMENT) M

BOWLED OVER

If you love ten-pin bowling, you'll love Bowled Over!

The only bowling alley in Milton with:

20 bowling alleys
 3 bars
 a virtual jukebox

 Three games for £9 (under 16s) £12 (adult)

 10% – 20% group discount
 Mondays to Fridays for groups of four or more players

15% student discount

INCREDIVIEW CINEMA

MILTON'S DIGITAL 4D CINEMA

Super Wednesday deal: 50% off ticket prices plus a free drink!

> Teen entrance (13–19) £5.40 Adult entrance £8.65

> > For today's listings and forthcoming films, visit www.incrediview.org





Mosaic 4, unit 7, Oxford University Press







Greenwich and Docklands International Festival

London's biggest street arts, theatre and dance festival. Ten days of events next to

- 1st-10th October
- · Most events free
- Different start times



Zombies have appeared on the planet. What do you do? Come and find out! Play interactive games, do experiments and discuss what to do with the zombies!

Weekends only - free entry Opens at 10.30



FOOTBALL COMPETITION

Come and watch your local teams as they play against each other to win the competition!

Friday 24th 12.00 p.m.- 8.00 p.m. at the football stadium



All ticket money goes to charit



Can't stand listening to the same old boring chart music? Come and listen to some great new music at the town hall and vote for your favourite pop band!



ACTIVITY 6: ROLE PLAY

Divide the class into groups of 3 people and they play the plan: create the dialogue, plot, and play it in front of the class.



Mosaic 3, unit 2, Oxford University Press

The anti-social network?

- News about the internet and social networks never seems to be good. The latest I've seen concerned a fifteen-year-old who posted a party invitation online and ended up with 200
- gatecrashers wrecking her home, a four-year-old being treated for internet addiction, and the tragic case of a young girl whose life was made a misery by cyberbullies. In fact, reading the news, you'd think the internet was to blame for everything,
- including the complete breakdown of language, communication and morals in modern society. But is that really true?
- B Whilst the language of chatrooms and tweets is abbreviated and basic, there are plenty of articulate
- bloggers out there, and people publishing e-books. So, more people are writing than ever before. As for the spoken word, there is certainly more screen time now and less face-to-face dialogue, but that doesn't mean that there is a lack of
- communication. Social networking is a way of keeping in touch with more people, more often.
 If you feel you haven't got time to be with certain people, you can still know what they're doing and comment on it and that makes us feel closer.
- 25 C It's true, though, that posting updates and cultivating followers and 'likes' on Facebook, Twitter and Instagram can become time-consuming and addictive. A friend of mine recently deleted her accounts because she thought that she was
- spending too much time in contact with people who she didn't really care about. She also worried constantly about her profile and status updates, and even admitted that she had invented things to make her life look more interesting. Curing her
- 35 own addiction wasn't easy, but she did it. 'When I first logged off, I wanted to go online again straight away,' she said, 'but the longer I stayed off, the



more I realized that I didn't need it. Now I've got a better relationship with my family and my "real" friends.'

- D More sinister than Facebook addiction are issues such as bullying, spreading malicious gossip and rumours and other bad online behaviour. 'Technology magnifies our behaviour,' says Jodi
- 45 Smith, president of the etiquette firm Mannersmith. 'People with good manners still have good manners, but those with bad manners now have glaringly bad manners.' Weirdos, bullies and gatecrashers have always existed, but now the internet gives them anonymity and easier targets. 50 A recent study found that 7.5 million Facebook users were younger than thirteen and the majority of them said that they were unsupervised. So parents really need to wake up. And all of us need to ask 55 ourselves two things before putting anything on the internet. Firstly, do I mind who sees this? And secondly, do I mind that this will be around forever?
- E Like it or not, the internet is here to stay and it isn't the web or social networks which are good, bad or stupid; it's the users. The fact is that the only person responsible for your actions in this world is you. So be careful out there ...

ACTIVITY 7: LET'S DEBATE!!

Key to bach 2, unit 1, Oxford University Press.





Thanks a lot for your attention!! It is your turn... Have you got any question?





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