REGENT'S
UNIVERSITY LONDON

## ADAPTING AND EXTENDING YOUR COURSE BOOKS TO AVOID BOREDOM

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## VOCABULARY

## VOCABULARY IN USE/ ENGLISH IN USE / ENGLISH IN CONTEXT :

## ACTIVITY 1: MINDMAPPING

MOSAIC 2, Unit 3, Oxford University

## Press

MOSAIC 2, Unit 1, Oxford University Press

| 3.1) |
| :--- |
| The body |
| ankle |
| back |
| brain |
| chest |
| finger |
| heart |
| knee |
| muscle |
| neck |
| shoulder |
| skin |
| thumb |
| toe |
| wrist |
| 3.2 |


| Adjectives: |
| :--- |
| feelings |
| angry |
| bored |
| calm |
| energetic |
| excited |
| lonely |
| nervous |
| positive |
| relaxed |
| scared |
| surprised |
| tired |




Made by our students (Salesianas Alicante School-Spain)


## VOCABULARY IN USE ACTIVITY 2: CREATIVITY

## Sport

1 Complete the sentences with words from the box.

```
cheered on competitors dropped out get through
    qualify spectators stamina tournament
```

1 The $\qquad$ were excited and their team as they entered.

2 | Some ................................ found the marathon too tiring |
| :--- |
| and |

3 It'll take a lot of ........................................ to the final.
4 It doesn't look like our team will for this year's $\qquad$

EXAMPLE: Last week, Ann participated in a tournament where there were a lot of competitors. The spectators were cheering them on, but some of the participants ended up dropping out because of the lack of stamina. After getting through difficult moments, Ann finished 3rd and finally qualified for the marathon in London.

Key to bachillerato 2, Unit 1, Oxford University Press.

## VOCABULARY IN USE: CREATIVITY

1 Which of these activities do you do every day or every week? Write them in your notebook.
> brush your hair clean your room eat fruit feed an animal get changed get up early go for a walk go home have a bath have a shower make breakfast make the bed wash your hands

## ACTIVITY 3: DEFINITIONS

$4 \star \star \star$ Complete the text with six words.
stage: Noun. Place where the actors act. spotlight: Noun. They are used to light the stage
venue: Noun. Theatre
props: Noun. An item used on a stage by an actor
microphone: Noun. Device to louden your voice.
act: Verb. The action of acting.

Mosaic 4, Unit 6, Oxford University Press.

## Phrasal verbs (go)

3 Complete the sentences with the correct form of a phrasal verb with go.
1 Most people are learning to $\qquad$ luxuries they used to take for granted.
2 There was a loud bang outside and we all went to see what $\qquad$
3 Lucy looks forward to the day when she can
to her hometown to see her friends and family.
4 Granddad's always telling us about what he had to as a boy growing up during the war.

## Go on: to continue

Go without: to be deprived of.
Go through: to live a difficult situation
Go back: to return.

Key to Bachillerato 1, Unit 1, Oxford University Press.

2 PLUS Complete the sentences with appropriate shopping words from this unit.
1 I hate shopping! I wish I had a personal to do it for me!
2 The $\qquad$ start tomorrow and there's 50\% off everything.
3
clothes are much cheaper
than new ones.
4 Don't buy clothes that have been made in a
 badly there.
5 A painting by Francis Bacon was sold at an for $\$ 142.4$ million.
6 Jan works for a $\qquad$ and all the money they make from selling things goes to help disabled people.

In pairs. One classmate does from 1 to 3, and the other one from 4 to 6 . They CREATE the definitions and try to explain their classmate the missing word.

## auction: ...

second hand: ...
charity shop:...
shopper: ...
sweatshop: ...
sales:
Key to bachillerato 2, unit 3, Oxford Univertity Press.

## READING

## ADELE

1 Adele Adkins was born in London on 5 May 1988. As a young girl she was interested in music, and she started singing at the age of four, impersonating pop stars at family parties.
52 Adele spent her teenage years at the BRIT school of performing arts, and in her mid-teens she discovered jazz music, which strongly influenced her. For a school project she recorded three tracks and posted them on MySpace. where a record compary saw them. No sooner had she 10 left school than they offered her a contract.

3 Adele's first album was 19, which she made when she was nineteen years old. It was a big hit, and her second ibum, 21, was successiul around the world. By the age of 21 Adele had two top-five singles
15 and two top-five albums in the charts. In 2012 she won six Grammy awards - a record for a female artist.
4 The things which people
20 most admire about Adele are her moving songs and her unique and powerful voice.
a 2 but she's also person who's very confident about her appearance
30 She doesn't feel that she needs to be too thin, and in that sense
she's a great ole model.


YOU WILL HAVE THE POSSIBILITY TO WORK WITH HER SONGS:

1) SOMEONE LIKE YOU: past simple.
2) SET FIRE TO THE RAIN: body vocabulary, adverbs placement.

I heard that you're settled down
That you found a girl and you're married now
I heard that your dreams came true
Guess she gave you things, I didn't give to you
Old friend, why are you so shy?
Ain't like you to hold back or hide from the light

I hate to turn up out of the blue, uninvited
But I couldn't stay away, I couldn't fight it
I had hoped you'd see my face
And that you'd be reminded that for me, it isn't over

I let it fall, my heart
And as it fell, you rose to claim it
It was dark and I was over
Until you kissed my lips and you saved me
My hands, they were strong
But my knees were far too weak
To stand in your arms
Without falling to your feet
But there's a side to you
That I never knew, never knew
All the things you'd say
They were never true, never true
And the games you'd play
You would always win, always win
But I set fire to the rain
Watched it pour as I touched your face
Well, it burned while I cried
'Cause I heard it screaming out your name
Your name
(Q) Bargains! Unbeatable offers! Buy now, pay later! Its hard to resist the spending frenzy when youre constantly
being bombarded by the banners and the bright lights. being bombarded by the barners and the bright lights.
And if yourre one of the six per cent of the propulation
5 who is a compulsive shopper, it's particulatly difficult.
O Most of us like occasional shopping trips or a bit of 'retail herapy', but there is a point when purchasing becomes pathological. That point is reached when
someone goes on spending even if it causes financial
10 or family problems or involves deceit, such as hiding receipts or packaging. People who cross that line are recerred to pootloguially as 'shopaholics'. Officially their compulsive buying disorder' is considered an illness.
© 'Usually, the idea is, "I see it, l like it, I want it, Ill buy
15 it -and damn the consequences," says psychiatry IT -and damn me consequences, says pyycharry
professor Donald W. Black. Shopaholics are on a high when they buy, but the thrill fades fast, and sufferes can quickly find themselves feeling down as well as up to their cyechalls in debt. Compulsive shoppers themselve
20 think that perfict clothes or more possessions will cheer them up. Buying $\$ 300$ jeans, I felt better than everybody else', says Brian Kearney, a 20 -ycarold student. He says
he knew he had a serious problem when he was getting 25 trough $\$ 1,500$ a monti on designer coth
sunglasses and expensive gifts for friends.

- Ryan Nicodemus, on the other hand, was never given much as a kid, but made up for it when he got his first
job. When the latest iPod came out, I always had to
so buy it, and the latest computer, the latest TV and the latest video games'' he syss. 'It didn't matter how much
money I made, lalways spent more.' Arzu Yonak says she shopped to get through the boredom of living in rural Ohio. Then her habit got out of hand when she mowed to
35 New York and was allowed to use her father's credit card at the age of 20 . I remember having five shopping bags
in one hand and the phone in the other, saving "Mom, can't stopl!"
O Some shopaholics are compulsive gif-givers. Others
to have tough jobs, working hard all day and needing a reward at the end of it. And for all shoppers, the interne an be a dangerous place, as no physical money leaves mo time for second thoughts. Youngsters in
45 particular are being bitten by the online shopping bug In a survey for a British psychology journal, $44 \%$ of shopping habits, offen on the internet.


F The good news is that facing up to the causes can help sufferers find a cure. One therapist called Randy Frost encourages his clients to go on 'non-shopping trips'. They go into their favourite shop, browse and maybe hold things, but then leave without buying anything. That's hard when you're hooked on shopping. But
55 people can be cured, like former sufferer Ryan Nicodemus, who is now a 'minimalist, and writes books and blogs about living a meaningful life with less stuff.' For him, feeling good no longer costs an arm and a leg.

## ACTIVITY 2

## Synonyms and opposites. <br> Body idioms: "costs an arm and a leg".

Key to bachillerato 2, Unit 3, Oxford University Press


## Reading

## Summer jobs with a difference

If you'd like to work this summer, but want to do something more challenging than serving customers in a café, then read our infographic on unusual jobs. We're sure you'll find something that you'd like to speciolize in - at least for a few months!

## Waterflide terter

Most people enjoy going down a waterslide, don't they? Well imagine receiving a salary for doing it! However, if's not all fun. They have to check the quality of the waler so it is sale to wim and while the lester is sliding down the walerslide, they have to concentrate on the salely of the slide
Requirements: Lots of swirmweor.
Advantages: By the end of the summer, you'll have visited some of the world's est holiday resorts.
Disadvantages: Youll have to go down
the same slides again and ogain.

1 * Read the text. Answer the questions with the names of the jobs.

Who ... ?
1 needs to know a lot about the place they live in

2 does a job that could help people fest better

3 dresses up and presents a good public image

4 has to check something while they're moving very quickly

## Profarionel ilecept

Professional sleepers are often required for experiments as scienlists fry to cure sleep problems. For example, the merican space ogency, NASA, paid volunteers $\$ 18,000$ o stay in bed for 70 days!
Requirements: You need to enjoy sleeping Advantoges: Youll go back lo school well-rested. Disodvantages: If you tak in your sleep. everything will be recorded.

## Theme park character

Which carloon charocler do you look like? Theme parks are oflen looking for young adulls that can make children believe that they are a famous prince or princess. They will provide costume and make-up to help you succeed in bringing the ilm charocler to life as you parficipale in parades through the therne park for three months.
Requirements: Enthusiasm and high levels of energy Advantoges: You will make the thousonds of children who see you very happy Disodvantoges: Even if you are exhausled, you will hove fo remember to keep smiling

## Tour guide

People used to visll clies wilh a guidebook in their hands, but lodoy lourists want the company of an enterfaining guide So if you live in a popular fourist destination, you know its istory and are sociable, this could be the perfect summer ob for you. One guide explained that he found a websile that prepored new guides for the job - the perfect place to start! Requirements: An outgoing personalily and comlorlable poir of shoes.
Advantoges: Youll meet varied groups of people. Disadvantages: Some of your cuslomers might ask very cholenging questions.


## LISTENING


1.23 Answer the questions. Then read and listen to the article to check your answers. Which other parts of the body does the text mention?

## ACTIVITY 1:

Any Reading can be transformed into a listening.

Mosaic 2, unit 3, Oxford University Press.

## ACTIVITY 2

## 4 1.12 Listen to the podcast. What are Nancy Yi Fan's three favourite hobbies?

Extension 1: Write a composition talking about YOUR FAVOURITE HOBBIES.

Mosaic 3, Unit 2, Oxford University Press
Extension 2: Flipped classroom methodology.

## GRAMMAR

## Activity 1: GRAMMATICAL BINGO!

Warming up activity
Review activity

| I used to play badminton <br> when I was Young. | I go to the gym every <br> afternoon. | I have already done my <br> homework |
| :--- | :--- | :--- |
| If I were you, I would buy a <br> new car | We went to Russia last <br> month | We are leaving to Italy <br> tomorrow |
| Don't shout at me! | I was playing the guitar <br> when the telephone rang | Carmen told us that she <br> would invite Raquel. |

Sálestanas

| I will play badminton <br> tomorrow | I'm going to have a <br> sandwich. | I haven't done my <br> homework yet |
| :--- | :--- | :--- |
| If I have money, I will travel <br> to Paris | They will be finishing <br> tomorrow at this time | The train leaves at 7pm |
| Open the door, please. | You should go to the doctor | If I had phoned him, he <br> would have come. |

## Extension! VOCABULARY BINGO (CLIL)

| A capella | solo | bridge |
| :--- | :--- | :--- |
| Crescendo | bass | tempo |

Solo: played by a single musical instrument or voice.
Crescendo: growing steadily louder.
A capella: singing without any instruments.
Bass: Low, the lowest of the voices and the lowest part of the harmony.
Bridge: the part of a song that transitions between two main parts.
Tempo: timing or speed of the music.

## ACTIVITY 2: GOING TO and PRESENT PERFECT

- While watching a VIDEO in class:
- Working on predictions: GOING TO
- Talking about a recent past: PRESENT PERFECT


## ACTIVITY 3: PAST -PRESENT -FUTURE VERB TENSES

WEATHER FORECAST! Extension to speaking.

Mosaic 4, Unit 7, Oxford University Press.

Nouns: weather blizzard breeze drizzle frost gale hailstorm
heatwave hurricane mist shower
sleet tornado

## ACTIVITY 4: IRREGULAR VERBS AEROBICS

KINAESTHETIC TECHNIQUE:

- Head
- Shoulders
- Hips


## ACTIVITY 5: IRREGULAR VERBS ROULETTE!



Irregular verbs Roulettes created by our students of 1st ESO at Salesianas Alicante School (Spain)


Sclestanas

WRITING



#### Abstract

To:Amy P Subject:Our new musicgroup


Send
Attachment: Sleepover photo

## Hi Amy,

How are you? How did the first rehearsal with the new singer go? Our move to Bristol was OK, but I felt a bit lonely without you and the old group over the summer. I
5 rehearsed with my new band mates for the first time last week though, so I feel a bit better now. In fact, I'm writing this after a sleepover with the other singers. It was a fun night, but I'm very tired today as we didn't get much sleep!
I invited three girls over and when they arrived, I was quite
10 excited. We had a good chat and they told me some funny stories about the guitarists. Later we had some pizza and then we did karaoke. I was surprised by one of the girls, Jade; she was really into karaoke! She sang very loudly and danced to all the songs.

15 Unfortunately, we live in a flat and my bedroom is next to our neighbours' bedroom. After Jade's third performance, the doorbell rang. The neighbours were very angry. They couldn't sleep a wink and so my parents told us to find a quieter activity. We laughed about Jade's singing and fell
20 asleep watching a film.
Anyway, did you decide which songs to perform at your next concert? Tell me all your news!
Love,
Sophie xx

## ACTIVITY 2: EXTENDING A READING.

## Extension 1: Sophie answers to Amy.

Extension 2: Amy sends another email to Sophie telling her more news.

Extension 3: They could even write a role play acting the sleepover and the neighbour's complaint.

Mosaic 3, Starter unit, Oxford University Press.

3 *ぇ Complete the sentences with adjectives from exercises 1 and 2.

Daisy was embarrassed when she fell over.1 Isabel sleeps with the light on. She's
$\qquad$ the dark.
2 Tom's a firefighter. His job is dangerous, but he's very

## ACTIVITY 3: CONTINUE THE STORY

## EXAMPLE:

Daisy was embarrassed when she fell over in the classroom. Her friend Tina helped her, but it was too late, since her sweetlove Tom, had already seen the accident. OMG!
3 The students at my new school are

$\qquad$

- they've all been nice to me.
4 Don't push in front of people. It's very $\qquad$

Mosaic 2, unit 7, Oxford University Press.

## Phrasal verbs

3 Complete the phrasal verbs in the sentences with the correct forms of suitable verbs. Use one word in each gap.
1 The police officer told the man to over his gun.
2 Shops selling cupcakes are up everywhere.

4 We've decided to
up a tapas bar.
5 Let's
up a sign to say we're open.
6 The protesters off for London early in the morning.

Key to bachillerato 2, Unit 4, Oxford University Press.

## ACTIVITY 3: WHAT IF...?

You could expand any unit asking them that question:
unit 1: SOCIETY - What if we had a world without racism?

Unit 2: SHOPPING - What if we only shopped online?
Unit 3: TECHNOLOGY - What if robots could make decisions?


## ACTIVITY 4:

narration
individual or even in groups

Mosaic 1, unit 5, Oxford University Press.

SPEAKING


## ACTIVITY 1:

## SPEAKING narration

 individually or even in groups.


## ACTIVITY 3:

Describe the photos.

- Expand photo D: GIVING DIRECTIONS
- Expand photo B: TALK ABOUT YOUR FAVOURITE SPORT
- Expand photo E: Where would you like to go on holidays?
- Expand photo C: Have you got any pet?

Mosaic 3, unit 4, Oxford University Press.

## ACTIVITY 4: THEATRE - ROLE PLAYING

Every single activity in the book could be played in our classes:

1) Video at the end of the unit:
a) Play a different ending.
b) How is the story going to continue? (CRITICAL THINKING)


## ACTIVITY 6: ROLE PLAY

Divide the class into groups of 3 people and they play the plan: create the dialogue, plot, and play it in front of the class.

Mosaic 3, unit 2, Oxford University Press

## Thentissocial network?

A News about the internet and social networks never seems to be good. The latest I've seen concerned a fifteen-year-old who posted a party invitation online and ended up with 200 gatecrashers wrecking her home, a four-year-old being treated for internet addiction, and the tragic case of a young girl whose life was made a misery by cyberbullies. In fact, reading the news, you'd think the internet was to blame for everything. 10 including the complete breakdown of language, communication and morals in modern society. But is that really true?
B Whilst the language of chatrooms and tweets is abbreviated and basic, there are plenty of articulate bloggers out there, and people publishing e-books. So, more people are writing than ever before. As for the spoken word, there is certainly more screen time now and less face-to-face dialogue, but that doesn't mean that there is a lack of
20 communication. Social networking is a way of keeping in touch with more people, more often. If you feel you haven't got time to be with certain people, you can still know what they're doing and comment on it and that makes us feel closer.
is C It's true, though, that posting updates and cultivating followers and 'likes' on Facebook, Twitter and Instagram can become time-consuming and addictive. A friend of mine recently deleted her accounts because she thought that she was spending too much time in contact with people who she didn't really care about. She also worried constantly about her profile and status updates, and even admitted that she had invented things to make her life look more interesting. Curing her first addiction wasn't easy, but she did it. 'When I first logged off, I wantod to go online again straight away,' she said, 'but the longer I stayed off, the

more I realized that I didn't need it. Now I've got a better relationship with my family and my "real"

## 40 friends.'

D More sinister than Facebook addiction are issues such as bullying, spreading malicious gossip such as bullying, spreading malicious gossip 'Technology magnifies our behaviour,' says Jodi
4s Smith, president of the etiquette firm Mannersmith. 'People with good manners still have good manners, but those with bad manners now have glaringly bad manners.' Weirdos, bullies and gatecrashers have always existed, but now the
so internet gives them anonymity and easier targets. A rocent study found that 7.5 million Facebook users were younger than thirteen and the majority of them said that they were unsupervised. So parents really need to wake up. And all of us noed to ask
ss ourselves two things before putting anything an ourselves two things before putting anything on
the internet. Firstly, do I mind who sees this? And the internet. Firstly, do I mind who sees this? And
E Like it or not, the internet is here to stay and it isn't the web or social networks which are good, bad or
is stupid; it's the users. The fact is that the only person responsible for your actions in this world is you. So be careful out there.

## ACTIVITY 7: LET'S DEBATE!!

## Key to bach 2, unit 1, Oxford University Press.

## Thanks a lot for your attention!!

 It is your turn... Have you got any question?This session has now ended
Please return to the conference programme to choose your next session.


